Mentoring
Forum EFPL Alumni 2021

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EPFL
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Mentoring Program Master 2021

- 4th edition of the program
  - Partnership Forum EPFL – EPFL ALUMNI
  - EPFL Alumni Mentors support EPFL Students Mentees
FORUM EPFL – who are we?

Biggest recruitment fair in Europe

- 190 companies
- 85 startups
- 2000 registered students

Take advantage of events organized throughout the year to help you prepare for your professional career!

- Conferences (“Craft an effective CV”, “How to have a successful Forum”)
- Workshops (job interview simulation, CV correction, motivation letter correction)
- Career counseling

Relevant dates

- March 15 - registrations opening
- April - Skills Week 1
- 4th to 8th of October - Forum
**EPFL Alumni – who are we?**

- **Mission**
  - Provide Alumni with an exclusive and international network, life long services and bond to EPFL
  - Engage Alumni to support EPFL and its development

**School Department**
- since 2014
- Team of 6

**Database**
- +37’000 Alumni
- +1700 new graduates every year

**+180 Events each year**

**+28 Chapters**

**Magazines**
- Newsletters
- Social Networks

**Career & Recruiting**

**Start up & Innovation**
EPFL Alumni – Forum Mentoring Program
EPFL Alumni – Forum
Mentoring Program

Culture, Community, Support, Success, Give back
What is mentoring?

“professional relationship in which an experienced person (the mentor) assists another (the mentee) in developing specific skills and knowledge that will enhance the less-experienced person’s professional and personal growth”
What do students want or need?

«What company/industry should I choose? How can they choose me?»

«Should I start a PhD? What career will make me happy? How to combine life goals with this career?»

«Ideally I would like to do my master thesis in the US but I am also open to work abroad in a multinational company»

«I hope someone working in finance could help me with my struggles in orientation»

Career path, PhD/education, Expatriation, Technical vs Business, Job/internship techniques
Why join as Mentee?

- Career choice
- Education choice
- Expatriation
- Getting ready for job search
- Network
- Gain self-confidence
- Get information about the sector(s) you are targeting
Charter, principles, guidelines

- Voluntary and mutual commitment of both the mentor and the mentee
- Estimated 1-2h per month from May 2021 to October 2021

- Mutual trust and respect
- Confidentiality

- Be careful
  - Not a 1 time, transactional, life is not a one shot game
  - Mentor not here to provide a job/internship, no obligation vs network
  - Serious – if no follow up, no Forum EPFL
3rd edition – 149 relationships from May to October

Mentors’ top employers

Mentors’ location

Mentees’ profiles

INFORMATION SESSION – MENTORING FORUM
Survey results

~ 60% met at least once a month

Sessions usually last more than 30 minutes

Mentors:
- More than once a week: 1.47%
- Once a week: 10.91%
- Twice a month: 23.53%
- Once a month: 30.88%
- Less than once a month: 44.12%

Mentees:
- More than once a week: 9.09%
- Once a week: 7.35%
- Twice a month: 12.73%
- Once a month: 38.18%
- Less than once a month: 38.18%

Mentors:
- ~ 60% met at least once a month

Mentees:
- 63.64% met at least once a month

Sessions:
- Usually last more than 30 minutes

Mentors:
- < 30 minutes: 9.09%
- 30-60 minutes: 52.94%
- > 60 minutes: 39.71%

Mentees:
- < 30 minutes: 7.35%
- 30-60 minutes: 27.27%
- > 60 minutes: 63.64%
Satisfaction

- On average **81.5%** considered they had a good or excellent match
  - **Mentors**
    - 4.2 ★
      - Evaluation moyenne
  - **Mentees**
    - 4.3 ★
      - Evaluation moyenne

- ~**90%** would recommend the program

<table>
<thead>
<tr>
<th>Mentees</th>
<th>Mentors</th>
</tr>
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<tbody>
<tr>
<td>Yes I would</td>
<td>No I would not</td>
</tr>
<tr>
<td>89%</td>
<td>3%</td>
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## Concrete impacts for mentees

<table>
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<tr>
<th>Impact</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Obtain information on the sector/company/continuing education I am interested in</td>
<td>69%</td>
</tr>
<tr>
<td>Obtain information on good job search practices</td>
<td>49%</td>
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<tr>
<td>Helped me to gain self-confidence</td>
<td>45%</td>
</tr>
<tr>
<td>Other</td>
<td>31%</td>
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<td>Allowed me to develop my network</td>
<td>22%</td>
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<td>Facilitated my professional integration and/or enabled me to find a job</td>
<td>16%</td>
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<tr>
<td>Allowed me to get (a) job interview(s)</td>
<td>11%</td>
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Testimonials

- Karim Khatib (MA2 – MT) – Mentoring Program 2020
Testimonials

Gaëlle Crausaz
Mentoring Program Master 2021: Milestones

Information: 03.03
Registration: 03.03-19.03
Pairing
Confirmation & Invitation: 12.04
Kickoff: 20.04
Mentoring: may-october
Closing ceremony: 02.11

Complete the form you will receive by email
Contact your Mentor & Register for the Kickoff
Meet your Mentor & Network
Conclusion & next steps

- Great opportunity… can change your life! Tell your friends about it 😊

- Works great when both sides are engaged…
  - Only sign up if you are serious, need help/advice and if you can make the time
  - Make the most out of this relationship – not a one shot…

- If you are interested…
  - Check your EPFL inbox this afternoon/tomorrow
  - Register by completing the Google form carefully
  - Wait for the pairing confirmation & introduction email (12/04)
  - Save the date: Kickoff evening on the 20th of April