



# Mentoring Forum EPFL Alumni 2022

Leïla Ojeh, EPFL  
Alumni Director

Gaëlle Crausaz,  
Career Services

Victoria Destras,  
Forum EPFL

EPFL

01.03.2022

# Mentoring Program Master 2022

- 5th edition of the program
  - Partnership Forum EPFL – EPFL ALUMNI
  - EPFL Alumni Mentors support EPFL Students Mentees



■ EPFL Alumni

# FORUM EPFL - Who are we ?

Biggest recruitment fair in Europe

- 160 companies
- 110 startups
- 2200 registered students

Take advantage of events organized throughout the year to help you prepare for your professional career!

- **Conferences** (“Craft an effective CV”, “How to have a successful Forum”)
- **Workshops** (job interview simulation, CV correction, motivation letter correction)
- **Career counseling**

## Relevant dates

- 📅 **March 14th** - registrations opening
- 📅 **April 11th - 14th** - Skills Week 1
- 📅 **3rd to 7th of October** - Forum

## ■ Mission

- Provide Alumni with an exclusive and international network, life long services and bond to EPFL
- Engage Alumni to support EPFL and its development

School Department  
since 2014  
Team of 6

Database  
+37'000 Alumni  
+1700 new graduates every year

+180 Events  
each year

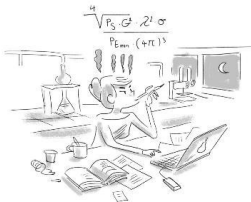
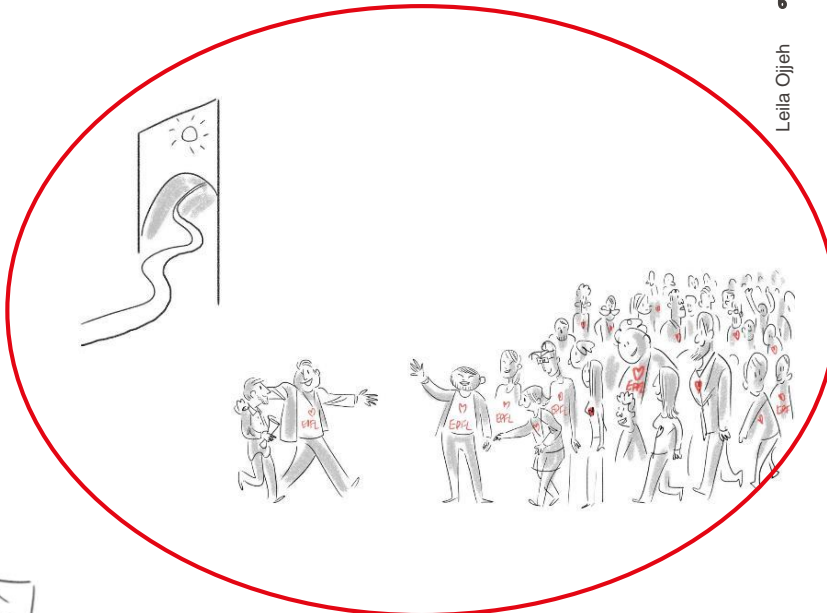
+28  
Chapters

Magazines  
Newsletters  
Social  
Networks

Career &  
Recruiting

Start up &  
Innovation

# EPFL Alumni – Forum Mentoring Program



→ Culture, Community, Support, Success, Give back

# What is mentoring?



## ■ What is mentoring?

“professional relationship in which an experienced person (the mentor) assists another (the mentee) in developing specific skills and knowledge that will enhance the less-experienced person’s professional and personal growth”

# What do students want or need?

*«J'aimerais pouvoir être conseillée sur le type de master, le pays et l'université où le faire et sur les débouchés...»*

*«Should I start a PHD ? What career will make me happy ? How to combine life goals with this career ?»*

*«Ideally I would like to do my master thesis in the US but I am also open to work abroad in a multinational company»*

*«What company/industry should I choose?  
How can they choose me?»*

*«I hope someone working in finance could help me with my struggles in orientation»*

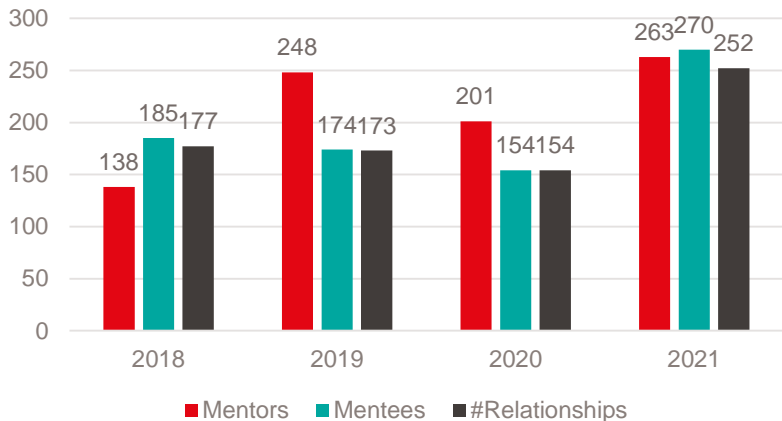
Career path, PhD/education, Expatriation, Technical vs Business, Job/internship techniques

# Charter, principles, guidelines

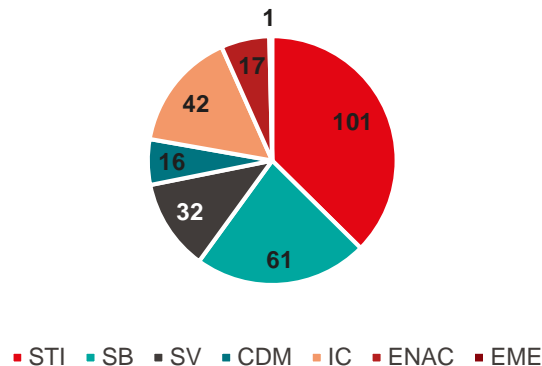
- Voluntary and mutual commitment of both the mentor and the mentee
- Estimated 1-2h per month from April 2022 to December 2022
  
- **Mutual trust and respect**
- **Confidentiality**
  
- **Be careful**
  - Not a 1 time, transactional, life is not a one shot game
  - Mentor not here to provide a job/internship, no obligation vs network
  - **Serious – motivation paragraph as selection to make sure engaged**



# 4th edition – 252 relationships from May to October



Mentees' profile



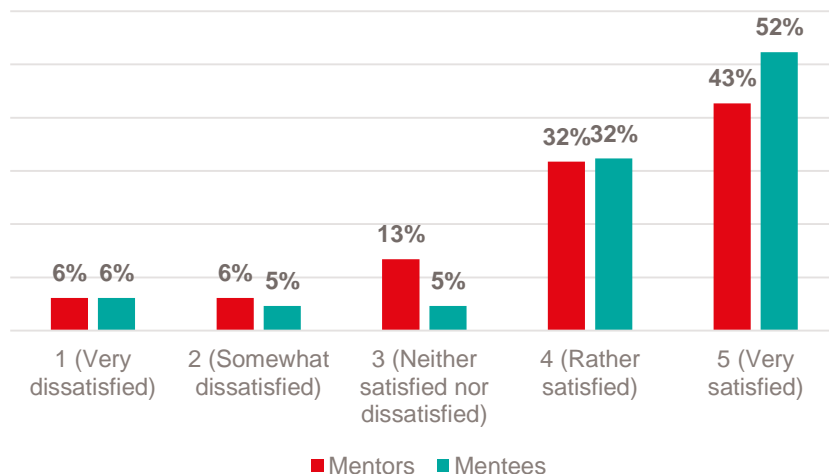
Mentors' employers



Mentors' top locations:

1. Switzerland
2. France
3. UK
4. Canada
5. USA
6. Germany

- On average **88.8%** considered they had a good or excellent match



~89%  
would recommend the program !

# Concrete impacts for mentees

It allowed me to obtain information on the sector/company/continuing education I am interested in	65%
It allowed me to obtain information on good job search practices	59%
It helped me to gain self-confidence	48%
It allowed me to develop my network	27%
Other (please specify)	22%
It facilitated my professional integration and/or enabled me to find a job	21%
It allowed me to get (a) job interview(s)	8%

- **Gabrielle Saint-Girons (MSc MT ongoing)**
- **Emma Vernizeau (MSc CGC ongoing)**



# Mentoring Program Master 2022: Milestones



# Conclusion & next steps

- Great opportunity... can change your life! Tell your friends about it 😊
- Works great when both sides are engaged...
  - Only sign up if you are serious, need help/advice and if you can make the time
  - Make the most out of this relationship – not a one shot !

If you are interested...

- Check our webpage:  
<https://www.epflalumni.ch/forum-epfl-alumni-mentoring-program-master/>  
**OR scan the QR code**
- Register by completing the Google form carefully
- Wait for the pairing confirmation & introduction email (04/04)
- Save the date: Kickoff evening on the 13th of April

SCAN ME





**Thank you**

**Leïla Ojeh, EPFL  
Alumni Director**

**Gaëlle Crausaz,  
Career Services**

**Victoria Destras,  
Forum EPFL**

**EPFL**

**01.03.2022**